

### Study Tip #9

Your sense of smell can be a powerful trigger to access your memory. Experiment with an aromatherapy kit. Choose one fragrance per subject and burn as you are studying for that subject. Prior to your SAC or exam place 1-2 drops of that fragrance on your wrist. During the exam you will be better able to recall what you need to with just a small sniff of the fragrance.

# September 2011

## My Goals

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

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When I look into the future  
it's so bright it burns my eyes.



**VCEhelp.com.au**

VCE resources for VCE students, parents and teachers.

Fathers Day

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**Term 3  
Ends**

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“We find comfort among those who agree with us, growth among those who don’t.” *Frank A Clark*



